







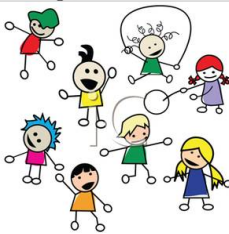



Daily Schedule

Before 9am	Wake up	 breakfast	Have breakfast Choose clothes and get dressed Brush teeth Make bed Talk about plans for the day
9-10am	Exercise Time		Use Joe Wicks Cosmic Yoga Online activities
10-11am	Academic Time		Twinkl Home Learning Packs Workbooks whiterosemaths.com/homelearning oxfordowl.co.uk My maths or spelling shed Montessori activities for Pearl
11-12pm	Creative Time		Scrapbooks Art/craft activities Music, dance, singing, drama Lego Colouring Write stories/poems
12pm-1pm	Lunch and Relax		Watch TV, Wii, Ipad Go outside to play

Daily Schedule

<p>1pm-2pm</p>	<p>Life Skills</p>		<p>Cooking Cleaning Gardening Science, Geography, History lessons Live online classes Learn new skills Montessori activities</p>
<p>2-3pm</p>	<p>Academic Time</p>		<p>Twinkl Home Learning Packs Workbooks whiterosemaths.com/homelearning oxfordowl.co.uk My maths or spelling shed Montessori activities for Pearl</p>
<p>3-3.30pm</p>	<p>Quiet Time</p>		<p>Read stories Make a Den and snuggle Hot drinks</p>
<p>3.30pm-5pm</p>	<p>Free Play and Chill</p>		<p>Go outside Ipads, Wii, TV</p>
<p>5pm-7pm</p>	<p>Dinner and Bedtime</p>		<p>Help tidy Help to prepare dinner Pyjamas on, story and bed</p>